



April 2012

**Contact
Information**

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Program Coordinator:
Kristy Lachance

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Programs

Drop-In

Monday – Tuesday
Thursday – Friday
10:00am - 12:00pm

Baby Beginnings

Wednesdays
10:00am - 12:00pm

Office Hours

Monday thru Friday
8:30am - 3:30pm

Best Start Manitouwadge Hub

Your local Best Start Centre is a great place for you and your child/children to spend time. All of our activities encourage and enhance parent/child relationships, promote early learning and development and provide an opportunity for people to meet and socialize with other families.

Easter Extravaganza

When: Wednesday, April 4th, 2012 6:00 pm - 7:30 pm

6:00-7:00 pm: Crafts, Snacks and Bunny Visit

7:00 pm: Easter Egg Hunt in front of Community Centre
(if raining: inside)

Cost: FREE!

Where: Community Centre Auditorium

Who: Everyone Welcome!

- BUNNY VISIT
- EGG HUNT
- EASTER CRAFTS
- JELLY BEAN GUESS
- SNACKS:



Fresh Fruit Cups: \$1.50 Popcorn: \$1.00
Cup of Juice: \$0.50



*Be Green! Bring your own cup from home
and drink juice for free!*

Don't forget to check out
our website!

www.yourbeststart.ca



Library Storytime and Gross Motor

In partnership with the Manitowadge Public Library

Colored Egg Pick-Up!
Jump the Brook!
Eggie Spoon Race!

- Every Monday in April (April 9: closed)
 1:30—2:00 pm: Library Storytime and Snack
 2:00-2:45 pm: Gross Motor Program in the Auditorium
AND IN the EVENINGS:
 Thursday, April 12 and Wednesday, April 25:
- 6:00-6:45: Gross Motor
 - 6:45-7:15 pm: Library Storytime and Snack



Families with children ages two and up are invited to participate in activities and games for large muscle development and coordination. Parents/caregivers participate with their child. Indoor shoes are required.

We hope to see you at either Storytime or both Storytime and Gross Motor!!

Interesting...

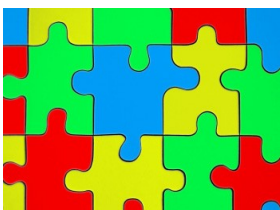
“Rhymers will be readers... if children know eight nursery rhymes by heart, by the time they are 4 years old, they’re usually among the best readers by the time they’re eight.”
 (Fox, M. 2001 *Reading Magic*)



Easter Hours



Please note that we are closed
 On Good Friday, April 6 and
 Easter Monday, April 9.
*We wish all of our families a very
 Happy Easter!*



World Awareness Autism Day!! April 2, 2012

Autism is a disorder of neural development characterized by impaired social interaction and communication, and by restricted and repetitive behaviour.

Join us at Drop-In on April 2 for Autism Awareness Day.



Please Note: The playroom will not be available on Wednesdays for free play after Baby Beginnings.
**Hours are: Monday, Tuesday, Thursday and Friday
 from 9:00am-2:30pm**



North of Superior Programs will be facilitating a six-week seminar series for Triple P at the Family Place/Best Start Hub.

Topics include:

- April 16th- *Positive Parenting*
- April 23rd- *Helping Children Develop*
- April 30th - *Managing Misbehaviour*
- May 7th- *Planning Ahead*
- May 14th-21st Sessions- *Individual planned telephone consultations with facilitator*
- May 28th - *Program Close*

**Childcare will be provided. Must sign-up by April 5th.
 Please call Kristy at 826.2883**



Saving for Your Child's Future

Thursday, April 19th

6:00-7:00 pm

Don't have time to head to the bank for an information session? Let the

representatives come to you! CIBC Representatives will be at the Family Place/Best Start to do a presentation on various ways you can start saving for your child's future.

Childcare will be provided.

Please sign up if childcare is needed.



Adult Cooking Class:

Making Perogies

Tuesday, April 10th
from 6:00-8:00 pm



Enjoy learning how to make perogies from scratch with Amanda Beraskin. The best part: eating them afterwards or bringing some home for your family! Please sign up or call 826.2883!

This program is provided by "The Northern Family Food and Fitness Revolution" Healthy Communities Fund sponsored by the Ministry of Health Promotion in Partnership with The Family Place-Best Start Centre.



Coping with Temper Tantrums Presentation

Join us at **Drop-In on April 20th** at 10:30 am for a brief presentation on Toddler Temper Tantrums, possible causes and coping strategies. Parents/ Caregivers will also have an opportunity for discussion afterwards.

Healthy Smiles!!

April is Dental Health Month so come on out to celebrate healthy smiles on **April 12th**, when **Andrea Richard, Registered Dental Hygienist**, will be here to teach your little ones about tooth brushing and visiting a dental office.

Andrea will have stories and crafts all about teeth and will be there to answer any questions you may have about oral health including information about **dental programs for families without dental insurance**.

FREE take home goodies for parents and kids!

Date to Remember.....

Jenn Taddeo, CDA from the TBDHU Marathon Branch will be visiting our centre during drop in on **Tuesday, April 17th**. If you have any questions or concerns regarding your child's speech development she would be happy to help.



Welcome to Lisa Schut!

Lisa is our new Program Assistant! Lisa is excited and looking forward to seeing you all at our regular drop-in programs! Email: beststartls@shaw.ca

Math is Easy as 1, 2, 3...

You can take any opportunity and turn it into fun math for your child!



- Let your child help sort the laundry (socks, towels, shirts)
- Point out the shapes when out walking (signs, tire wheels)
- Counting when strolling (how many birds? how many blue cars?)

International Children's Book Day

April 2, 2012



Inspire children to pick up a book and get reading!



Canadian Prenatal Nutrition Program

Events and Information



April 11th at Baby Beginnings (10am-12pm)...

The Importance of Tummy Time

with Lisa MacKenzie, Infant/Child Development Worker

Come on out to Baby Beginnings and enjoy this informational session on the importance of tummy time for your baby with Lisa from North of Superior Programs. Lisa will also be available to answer any questions you may have on your child's development.

Public Health Nurse Visit and Baby Weights

with David Green, RN

Have your baby weighed today and meet our new Public Health Nurse from the Thunder Bay District Health Unit. David will also be available to answer any questions you may have!



Baby Beginnings
will be cancelled
on April 25th due to the
Community Baby Shower.

Get your walking shoes and stroller ready! Participate in **stroller fit** with Joanne on April 18th from 1-1:45pm.

Stroller Fit will be coming every week in May.



Community Baby Shower

Calling all Moms-to-be and Moms with new babies up to 12 months!!

When: Wednesday, April 25th, 2012 1:00-3:00 pm

Where: 51 Ohsweken Rd. The Family Place/Best Start Hub

Please RSVP by April 18th, by calling 826.2883, sign up at The Family Place or E-mail beststartkl@shaw.ca

Please join us for food, games and gifts!

With Special Guests:

David Green, *Public Health Nurse*

Jennifer Taddeo, *Communicative Disorders Assistant*

Lisa MacKenzie, *Infant/Child Development Worker*

You are Welcome to bring a Guest!
Need a Ride?? Taxi Vouchers are available.



Iron On Fabric Photos

Karin Mackenzie, Early Literacy Facilitator, will be here for Baby Beginnings on Wednesday, **April 18th!** She will be helping parents to make iron on fabric photos of your child, while talking about the importance of early literacy for your little one!

We would be happy to take a photo of your baby on this day or you are welcome to email a pre-existing photo you would like to use. If you have a favorite nursery rhyme you would like on the fabric, please also email us the words. If not we'll have a few for you to choose from.

Please email photos and/or rhymes to:
beststartkl@shaw.ca by April 17th.

Joanne Paris, Prenatal Programmer Email: jparis@cpnp.shaw.ca

Office Hours: Wednesdays from 9:30am-3:00pm