

The Bra Lady

Is coming to Marathon to size you up!

Are you tired of feeling saggy, lumpy, pinched or strained? Well you're not alone. As you've probably seen on Oprah or read in women's magazines, over 80 per cent of all women wear the wrong size bra.

Here's where Barb Chapman, the Bra Lady, comes in.

Chapman is coming to **Marathon on Sunday, September 18th & Monday September 19th** to outfit you with the best possible bra for your body. Chapman will be seeing clients on a one-on-one basis, explaining the benefits of good bras and measuring their bodies properly.

"Most women just want to find a good-fitting bra that's not uncomfortable," Chapman said. "What they don't realize is that a good support bra is also important for blood circulation and enhanced lymph drainage."

Chapman has over 200 bra sizes available for ordering, ranging from 30AA to 52KK. It's likely that you'll fit somewhere between those sizes.

She offers these questions for women to ask themselves:

- Do you have a drawer full of bras but none that fit comfortably?
- Does your bust line "bounce" when you walk while wearing your "everyday" bra?
- Do you overflow the cup of your bra?
- Do your bra straps dig into your shoulders leaving red and painful marks?
- Does your bra ride up in the back because you tighten the straps to give you added support?
- Have you ever begun an exercise class only to drop out because your breasts ached from lack of support while jumping or running?

If you answer yes to any of these you are in need of a new bra, and a custom one could be the way to go.

Call 1-800-254-3938 for more info/appointment.

Chapman doesn't come into town very often so she advises booking as soon as possible. Although she enjoys coming to the Northshore, she is on the look-out for someone to train for the business as well.

You've tried all the rest - Now try the best

- No underwires
- No elastic straps
- No straps falling off shoulders
- No riding up in the back

You can register for Chapman's bra clinic in Marathon by calling

1-800-254-3938 by September 16th

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